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Dear Dancer

Firstly, I thought it would be a good idea to let you know what is going on at the JFDC for adults.

For those of you who are just starting out as dancers we have our 5 week **"Learn to Dance"** short courses in Ballroom and Latin American and also Salsa and Club dance. The five week period is just enough to master the basic steps of two dances. As members of the JFDC you are entitled to enrol for these courses at the reduced price of £25.00 per person (please see calendar for commencement dates).

If you are more experienced and are looking at fine tuning your acquired Ballroom and Latin American skills, the **Thursday Night Social Class** could be the one for you. This class is perfect for those who want extra practice, have a bit of a social dance and also learn some new figures. There always 3/5 teachers on hand to assist you at whatever level you are working. The class is also a great opportunity those who learn on a one to one basis to practise and meet other dancers. The class is held on Thursday evening 8.30 -9.45 pm, The Sports Hall, Medbourne Community Sports Pavilion, MK5 6LS. £5.00 per session, first session free of charge.

If you want to Boogie to the latest chart hits and keep fit at the same time, why not come along to the **"Dynamic Fusion"** class on Monday evening, 8.15-9.00pm at The Woughton Centre, MK6 5EJ. Just wear your jogging bottoms, t-shirt and light trainers and come along for a free session (normal charge £4.50)

The International Dance Teachers Association examination system is used at the JFDC. Everybody is welcome to take a test as this exam system is suitable for all levels of dancers from the beginner through to the advanced dancer. We have two main **examination sessions** per year in May and November. Please ask your teacher/coach if you are interested in taking part.

Finally, the JFDC is celebrating thirty years this year. Therefore, we are putting on a **show** in June and would love to have any adults who are interested taking part. Please keep both the rehearsal dates and show date in your diary as it will be all hands on deck whether you want to perform, sell programmes, make scenery, sort costumes etc.....

The adult section of the school has grown considerably over the past two years and, as such, we would like to provide a comprehensive range of **events to suit your needs**. Therefore, can you please let me know if you would be interested in any of the following events:

- Social evenings (e.g. Supper Dance)
- Dancing Holidays
- Daytime Sessions
- Trips to dance shows etc.
- Other suggestions

Happy Dancing and I look forward to your comments and suggestions

Yours

Jill Kemp

"Dancing for fun and fitness"

DIARY DATES 2010

February 2010

Monday 22nd Samba and Rumba Course Commences Shenley
Leisure Centre
Thursday 25th Jive and Foxtrot Course commences Medbourne
Community Hall

March 2010

April 2010

Thursday 1st JFDC closes for Easter break
Monday 19th JFDC re-opens
Monday 19th Bosa Nova and Jive course commences Shenley Leisure
Centre
Thursday 22nd Cha cha cha and Waltz course commences Medbourne
Community Hall

May 2010

14/15/16th IDTA Examinations Shenley/Woughton

June 2010

Monday 7th June Arg Tango and Cha cha course commences Shenley Leisure
Centre
Thursday 10th Rumba and Quickstep Course Commences Medbourne
Community Hall
Tuesday 1st June – Fri 4th June 30th Anniversary Show Rehearsals
Sunday 6th, 13th June 30th Anniversary Show Rehearsals
Saturday 19th 30th Anniversary Show Woughton

July 2010

August 2010

September 2010

Monday 13th Mambo and Samba course commences Shenley Leisure
Centre
Thursday 16th Vien. Waltz and Paso Doble course commences Medbourne
Community Hall

November 2010

Monday 1st Merengue and Paso Doble course commences Shenley leisure
Centre
Thursday 4th Samba and Foxtrot Course Commences Medbourne
Community Hall

12/13/14th IDTA Examinations Shenley/Woughton

December 2010

Saturday 18th Christmas Presentation Woughton